

## Psalm 23 Study

Write down a trial that you have faced in life.

In the days, weeks, or months preceding this event how can you see that God was preparing, strengthening or restoring you?

“He lets me rest in green meadows; he leads me beside peaceful streams. He renews my strength. He guides me along right paths, bringing honor to his name.” Psalm 23:2–3

In retrospect, how did that preparation help you through your trial?

“Even when I walk through the darkest valley, I will not be afraid for you are close beside me. Your rod and your staff protect and comfort me.” Psalm 23:4

How have you seen the broken pieces of that trial be redeemed? What can you continue to pray will be redeemed?

“You prepare a feast for me in the presence of my enemies. You honor me by anointing my head with oil. My cup overflows with blessings.” Psalm 23:5

Looking back, what blessings have been a direct result of this difficult time?

“Surely your goodness and unfailing love will be with me all the days of my life, and I will live in the house of the Lord forever.” Psalm 23:6

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